STAT TRACKER

Progress, Not Perfection!

WEEK ONE											
Weight	Pants	Waist	Chest	Stomach	Hips	Left Arm	Right Arm	Left Thigh	Right Thigh	Left Calf	Right Calf
WEEK TWO											
WEEK THREE											
WEEK FOUR											
WEEK FIVE											
WEEK SIX											
WEEK SEVEN											
WEEK EIGHT											

TOTALS											
	Weight	Pants	Waist	Chest	Stomach	Hips	Left Arm	Right Arm	Left Thigh	Right Thigh	Left Calf	Right Calf
Start												
End												
Difference												